



Demonstration of a Unique Method for Crisis Intervention in the Classroom: Kanjertraining

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Classroom problems

- Primary school classes with characteristics:
 - Unsafe and noisy atmosphere
 - Some children are too aggressive
 - Some children are too anxious/shy
 - Teacher has lost authority



A solution: Kanjertraining

(Weide, 1996, The Netherlands)

- Trained psychologist in classroom
- Group training
- Teacher is coached
- Pays attention to
 - group dynamics
 - school policy
 - parents
 - cultural background



Goals

- Create a quiet and safe atmosphere in the classroom

Which is:

- Positive social interaction of children
- Positive relationship with teacher
- Children feel happy and valuable

Kanjer training



- 1500 schools ($\pm 20\%$)
 - Teacher
 - Psychologist
- 25 mental health centers
 - Psychologist

Kanjer training



4 types of behavior

Rabbit

Kanjer

Monkey

Bully-bird



Kanjertraining in real life

- Child
- Group dynamics
- Parents (whose conflict?)
- Teacher
- Team of teachers
- School management, head
- Government regulations, schools inspectorate



Education for trainers

- 3-day course for teachers with 2 refresher course days in 4 years
- Psychologists are educated by Gerard Weide, founder of the Kanjertraining



Prospective...

- Research in progress
- Positive results →
 - Translation
 - Educate psychologists worldwide



Questions?

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