

# TRAINING IN CONSULTATION IN HUNGARY

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## Training of psychologists

- Changes in the system due to the Bologna process
- A unified 5-year course of studies ending in an MA in psychology specialized in...
  - 3 year BA and
  - 2 year MA specialized in...

## Specializations

- Clinical & Health
- Experimental and Cognitive & Applied developmental
- Counselling & School
- Social Processes and Organization & work

## Training at BA level

- Counselling limited to a compulsory introductory course – provides overview of theories
- 60 hours of practicum (if that is chosen)

## Training at MA level School and Counselling psychology

### Counselling

- Client centered approaches
- Family counselling
- Theories of crisis
- Crisis counselling
- Group counselling

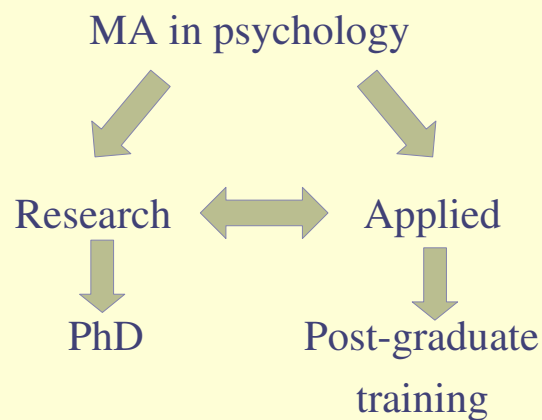
- Occupational and Work Counselling

- Diagnostics in counselling

School

- Consultation (CCC)

## What course to take?



## Postgraduate training - typically

- Have an MA in psychology
- **Have 1 year of supervised experience**
- Hold-down a full-time job
- Once a month 2-3/4 full days
- Not counting practicum (=usually at the expense of holidays)
- Tuition fee paid 800USD/590EUR/semester
- 5-7 semesters



Is accredited (max 5 years)

## Fields of postgraduate training

- Clinical psychologist
  - Adult
  - Child

Minimum  
2.5-3 years  
part-time
- Work & organizational psychologist
- Counselling psychologist
- Educational psychologist

## Educational Psychologist

- 5 semesters
- Part-time training
- 3 full days/month
- 1 day/week in supervised training
- About 35 persons/year
- 29.8 years of age
- Financial support ?
- Academic staff 4-12.....

## Educational Psychologist

- 3 large areas
  - - *school psychology*
  - - *child guidance services*
  - - *child welfare and protection*
- 3 semesters joint basic training
- 2 semesters field-specific

## Joint basic training (3 semesters)

- education
- sociology
- health psychology
- psychology of group work and training
- educational psychology
- psychopathology
- mental hygiene
- crisis intervention
- organizational psychology
- social psychology
- career counselling
- ethical issues
- labour laws
- computer-aided techniques
- computer science

## Specialized training in schoolpsychology (2 semesters)

- applied social- and educational psychology
- major prevention programmes
- individual educational planning
- group methods in the development of learning skills
- ethical issues
- Gordon TET
- sociogram editor

## Current concerns

### Whole system level

- Introduction of Europsy and its relation to training requirements
- Supervised practice ⇨ postgraduate training
- A virtual (?) chasm between PhD and applied fields

## Current concerns

### Specifically school psychology related

- Numbers employed
- Regulations by law – counterselective forces
- Number of practical training sites
- Meeting needs of education
- Updating training material in light of sensitivity to cultural diversity
- FORMING AN IDENTITY



## Counselling psychologist

- 2 semesters joint basic training (diagnostics, theories)
- 2 semesters specialization
  - Crisis counselling
  - Occupational and work counselling
  - Family and couple counselling

EMPHASIS ON CLIENT-CENTERED  
APPROACHES